

## KS5 Curriculum Overview 2023/24

### Department: A Level Physical Education

#### Description of KS5 Curriculum:

This is a course offering students with a natural interest in sport the chance to gain qualifications which will provide a broad and balanced Physical Education background for entry into higher education and/or employment. The course encourages the development of different methods of enquiry drawn from a wide range of disciplines, with a focal point being on the performer and the performance.

All theory work is supported with practical examples from a wide range of sports and activities. Students will combine their theoretical knowledge with practical performance. Students must have a genuine interest in sport and must be committed to extra-curricular sporting activities.

#### Sequence of Learning:

KS5	Term 1 Content	Term 2 Content	Term 3 Content
<b>Year 12</b>	Physiological factors Psychological factors Socio-cultural studies	Physiological factors Psychological factors Socio-cultural studies	Physiological factors Psychological factors Socio-cultural studies
<b>Year 13</b>	Physiological factors Psychological factors EAPI	Physiological factors Psychological factors EAPI	Physiological factors Psychological factors EAPI