

Dear Parents/Carers,

I wanted to inform you of a number of services and opportunities available to families across the Wirral throughout the six week break:

1. **'Holiday Activity Clubs with food'** scheme. Visit www.edsential.com/HAF2022 to find out what free activities are available. This opportunity is available to anyone on receipt of free school meals and is free of charge.
2. **'Hatch'** is an exciting hub based at 2 Cleveland St, Birkenhead CH41 6ND (07518330949) and is a new wellbeing support service for young people aged 14-16. Hatch supports young people with anxiety and mental health issues and is putting in place a summer timetable of activities. All young people are welcome to drop in and Hatch offers an Activity Club every Wednesday from 5-7pm, in addition to being open 7 days a week. Please visit the website for further details: www.hatchmerseyside.co.uk
3. **'Cafe Create'** will remain open throughout the Summer, 7 days a week. Cafe Create offers Art therapy and a safe space to meet other young people and talk to practitioners about a range of mental health concerns. Café Create is open 7 days a week, 11am -8pm with specific crisis support overseen by counselling, drugs and alcohol services available during open times. Linking with the Crisis Line and Urgent Support team, the Café features a range of creative projects and opportunities, social events, advice, and information. Young people can drop in and relax, as well as being able to access to a range of support and advice provided by experienced youth workers and counsellors. Including specific crisis support for young people from the Response/counselling teams.
4. **'Neo Community'** offers families across Wirral a space to access food and throughout the school holidays, they provide fun educational sessions, which includes free breakfast, lunch and snacks as part of the Feeding Britain project. They also run activity days, picnics and residential trips to help keep young people entertained. Follow the link for more details: www.neocommunity.org.uk/what-we-do
5. **'Club Hub'** is the UK's largest kids' activities directory. Parents and carers can search for kids' activities for newborns to 18 years in the whole of the UK for free. www.clubhubuk.co.uk/listings/holiday-activities
6. **'Invigor8 Wirral'** Memberships are also on offer across Wirral Leisure Services. The Teen Invigor8 membership is just £15 per month with unlimited access to leisure centre gyms, pools, teen classes, golf and outdoor tennis. It's ideal for ages 12-17 in the school holidays and works out to less than 50p per day. The Student offer is similar for £19.99 per month for ages 18+. Both are sold as cash passes so no need to set up direct debits and no commitment. Gym inductions are free of charge and available at Europa, Guinea Gap, West Kirby, Leasowe Leisure Centres. Visit the website or call into your nearest centre to sign up. www.activewirral.com

Wirral Food Bank is also in operation across August. In order to receive help from Wirral Foodbank, you need to have a code number from an electronic voucher. If you need a voucher, you can obtain one from either **Wirral Council Helpline 0151 666 5050** or **Ask Us Wirral 08082 78 78 48**. **I have attached a further document outlining other numbers that can be accessed for a range of support services across Wirral.**

Please also see the information listed below which may be of some use to you:

KIDS EAT FOR FREE OR LESS DURING SUMMER 2022



MORRISONS

Spend £4.99 to get a free kids meal after 3pm daily, normally all day during half term.

ASDA CAFE

Kids eat for £1 every day with NO need for a paying adult from 25th July - 4th Sept, 2022.

DUNELM

One free mini main, two snacks and a drink for every £4 spent in the in-store cafe.

YO! Kids eat free from 3pm-5:30pm Mon-Thurs for every £10 spent on food.

BEEFEATER & BREWERS FAYRE

Free breakfast for two children under 16 with every paying adult.

HUNGRY HORSE

Free kids breakfast with an adults breakfast from 9am-12pm daily.

IKEA

Get TWO kids hot meals, fruit, drink and jelly for £5 in their Swedish restaurants (subject to availability).

BELLA ITALIA

Kids eat for £1 with each adult meal from 4-6pm on Mon-Thurs.

DOBBIES

Kids eat free with an adult main meal.

TABLE TABLE

Two children under 16 get a free breakfast with one paying adult every day.

CAFE ROUGE

Kids eat for £1 with an adult meal excluding Saturday.

MORE TO COME!!

M&S, TESCO and more expected soon, see websites for latest information.

Hopefully, there will be something available for everyone across the Wirral and further information of support services can be found in our support directory below:

<https://weatherheadhigh.co.uk/wp-content/uploads/2021/10/Parent-Directory-How-to-Support-Your-Child-in-Years-7-13.pdf>

Kind regards,

Mrs C Walton

Assistant Headteacher, Student Services and Designated Safeguarding Lead



Wirral Foodbank Plus works with Citizens Advice Wirral, providing dedicated advice and support, including:

- ◆ Benefits
- ◆ Universal Credit
- ◆ Debt
- ◆ Housing
- ◆ Relationships

If you require help with any of the above or any of the services mentioned in this leaflet, please let one of our volunteers know at the foodbank centre you are attending, or contact:

Wirral Foodbank:
Telephone: 0151 638 7090
(Lines open Mon—Thu 9am— 2pm)
Email:
enquiries@wirralfoodbank.org.uk



Wirral Food Bank
Unit 14
Wirral Business Centre
Dock Road
Birkenhead
CH41 1JW

Telephone: 0151 638 7090
(Lines open Mon—Thu 9am— 2pm)

Email:
enquiries@wirralfoodbank.org.uk

Web: www.wirral.foodbank.org.uk

Charitable Incorporated Organisation
registered in England with
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ADDITIONAL SUPPORT LEAFLET



Restoring Dignity Reviving Hope

Support for Essential Needs

(Household Support Fund)

Provides help towards:

- ◆ specialist food needs
- ◆ shoes and clothing
- ◆ furniture and household goods
- ◆ white goods
- ◆ fuel and water bills
- ◆ phone and broadband bills
- ◆ travel costs
- ◆ veterinary bills
- ◆ car repair bills
- ◆ medical expenses.

This list is not exhaustive and other essentials will be considered.

You can apply for help by contacting:

Wirral Council
www.wirral.gov.uk/welfaresupport
or via the Wirral Council Helpline on
0151 666 5050.



Financial Support with Fuel & Water Debt

If you cannot afford to pay for your gas and electricity or you are struggling to deal with gas, electricity or water debt, you can get the following help:

- ◆ If you have a pre-payment meter, you can request a fuel voucher (gas and electric) from Wirral Council:

Contact Wirral Council
www.wirral.gov.uk/welfaresupport or via
the Wirral Coronavirus Helpline on
0151 666 5050.

- ◆ If you pay by direct debit you can ask for help, from Citizens Advice Wirral, towards your gas, electricity and water costs, which will be paid directly to your provider:

or

- ◆ If you are struggling with gas, electricity and water debt you can ask for help from Citizens Advice Wirral, to clear or reduce your debt:

Contact Citizens Advice Wirral
www.citizensadvicewirral.org.uk

08082 78 78 48

Help with repair or replacement of heating systems

If you are unable to repair or replace broken or an old heating system, and do not qualify for help under other programmes you can apply to for help from:

Energy Projects Plus

Call **0800 043 0151**

or

www.epplus.org.uk/referrals



Please note that all applications for support are carefully considered against strict eligibility criteria and evidence of need.

