

KS3 Curriculum Overview 2021/22

Department: RE & PSHE

Description of KS3 Curriculum:

At Key Stage 3 we aim to provide students the time and skills to focus on their own personal development. The RE curriculum aims to prepare students for life in a multicultural and religiously plural society. Students will learn about different religions and worldviews and will reflect upon the ways that beliefs can influence an individual's life. Students will study philosophical questions and the 'big ideas' in RE. In the PSHE element of the course, students will follow the statutory guidance for Relationship, sex and health education. They will be given the time to reflect upon their own personal viewpoints on a range of issues and will be given information on how they can remain safe in their daily lives, minimising risks and making informed decisions.

Sequence of Teaching:

KS3	Term 1 Content	Term 2 Content	Term 3 Content
Year 7	PSHE: Growing up PSHE: Keeping Safe	RE: Religion and Worldviews RE: Are religious teachings outdated?	RE: Making sense of life's experiences PSHE: Healthy lifestyles PSHE: Drugs
Year 8	PSHE: Identity PSHE: Relationships	PSHE: Mental Health PSHE: Managing Risks RE: Does the idea of God make sense?	RE: What makes us Human? RE: A Good Life
Year 9	PSHE: My emotional Wellbeing RE: The Value of Human Life PSHE: Future Planning	RE: Religious Responses to the Challenges of the 21st Century PSHE: Sex, Sexuality and Sexual Health	PSHE: Risk and safety PSHE: Supporting our Health RE: The Influence of Power

Overview of new Key Stage 3 Curriculum

Year 7	Year 8	Year 9
Growing up	Identity	My emotional wellbeing
New School Friendship (R1,2,9,14,19) Including online friendship (Consent) Bullying (R38,42) (Different types of bullying including racist, homophobic, transphobic, sexual bullying) Self-esteem and building resilience (H4,9) Managing emotions (H7, 18) Mental health (H7,8, 9) Puberty and periods (H34,35) Personal hygiene (H20)	Who am I? Family (R11,R14) (positive relationships, recognising abusive behaviours) Gender identity and diversity (R3,4,11) (Abuse) Faiths and values (R3,4,11) Hate crime and radicalisation (R38,42) (Consent, coercion) Challenging stereotypes and prejudice (R39,40,41) (abusive behaviours) racist, homophobic, transphobic, sexism Online identity/social media (L21,22, 23) (consent, 'sexting')	Healthy relationships (R13,14,17,23,26,27) (Intimate relationships, consent, respect) Communication (R16,32) (consent, reporting abuse) Dealing with pressure (R42,43) (consent, reporting pressure and abuse) Unhealthy coping strategies (H11) Recognising emotional ill health (H12) Looking after my emotional wellbeing (H6)
Relationships and keeping safe	Relationships	Sexual health
Diversity in relationships (R9,10,14) (Family, friendships, romantic relationship, LGBTQ+) Healthy relationships (R7,9,13,23) (Consent, violence, bullying) Online/digital relationships (R17, L22, 23,24) (Consent, 'sexting') Sex, the law and consent (R24,25) (To include 'sexting')	Commitment in relationships (including marriage, civil partnership, diversity in relationships etc) (r1,26,36) (consent, abusive relationships) Forced marriage (R6) (Consent) Abusive relationships (R9,37) (Consent, coercion, abusive behaviours, violence) Breakdown of relationships (R19,21,22) (to include abusive behaviours) Choices around sex (including consent) (R12,24,25,26,27) Pornography and sending explicit images (R8,29,30)	Conception, pregnancy and birth (R28, R31, 34) (consent) Parenthood(R35) Contraception (H35) STIs(H36) (consent) Managing the influence of substance misuse on decisions surrounding sexual health (R20) (consent, abusive behaviours)
Healthy lifestyles	Mental health	Risk and safety
What do we need to keep healthy? (H13,14,19) Healthy eating (H17,18) Exercise and sleep (H15,16)	Emotional wellbeing (H6) Impact on emotional wellbeing: body Image (H5) Impact on emotional wellbeing: drugs (H5,24,26) Impact on emotional wellbeing: relationships (H5) (consent, explicit images) Coping with loss (R22) Recognising the signs of mental ill health (H8, H10, H12) Looking after emotional well-being (H10, H12)	Being assertive and dealing with pressure (R42,43) (consent, reporting abuse) Social media Cyber bullying (R38,42, L20, 21) (sexual harassment, abuse, including racist, homophobic, transphobic, sexual bullying)) Gambling (H32) Knife crime (R47) Gangs (R45,46)
Drugs	Managing risks	Supporting health
The law & positive and negative use of drugs (H12,23,24,28) (consent, abuse) Alcohol (H25,26,27,28) Smoking (H25,26,27,28) Drugs (H25,26,27,28)	What do we mean by risks? (H30, H31) How do we manage risks? Drugs, online, relationships (H30,31) FGM (H22)	The NHS – screening (H19, H21) Immunisations & medications e.g. antibiotics (H12,19)

- All statutory requirements from Relationships and Health Education are included in above overview, except for first aid and CPR. National College Webinar with PSHE consultant John Rees recommends this is best delivered by an outside agency. Possibility of drop-down morning or use of tutor time for outside provider to deliver to year group.
- Some Living in the Wider World topics included (Media literacy and digital resilience)
- Others to be covered in Key Stage 3 tutor time – learning skills, choices and pathways, work and career, employee rights and responsibilities, financial choices.
- **Topics in bold have been changed to Year 9 2021-22 due to students covering work in Year 8. This has been replaced with digital resilience and social media. This will return to contraception and STIs in 2022-23 to fit in with new curriculum overview and sequencing.**
- Topics highlighted in green show areas in which topics relating to consent, 'sexting', and abusive behaviours.